

Clostridioides difficile Infection

Diagnostic criteria for *Clostridioides difficile* infection include:

- Diarrhea (>3 unformed stools in 24 hours) **AND**
- [Positive toxigenic *C. difficile* or toxin **OR** colonoscopically or histopathologically-confirmed pseudomembranous colitis]

Non-severe (WBC <15 x 10⁹/L AND SCr <135 µmol/L)

- Initial episode and first recurrence

Drug	Dose	Route	Duration
Vancomycin	125 mg QID	PO/NG	10 days
Metronidazole (if costs prohibits vancomycin use)	500 mg TID	PO/NG	10 days
Metronidazole (if unable to administer orally or enterally)	500 mg TID	IV	10 days

Non-severe (WBC <15 x 10⁹/L OR SCr <135 µmol/L)

- Second or more recurrence

Vancomycin	125 mg QID	PO/NG	10 days
Vancomycin PO/NG taper (e.g. 125 mg BID x 7 days, then 125 mg daily x 7 days and then 125 mg every 2 or 3 days x 2-8 weeks)			

Severe (WBC >15 x 10⁹/L AND SCr >135 µmol/L)

Vancomycin	125 mg QID	PO/NG	10 days
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Fulminant (hypotension, ileus, megacolon, shock)

Vancomycin	125 mg QID	PO/NG	14 days
Vancomycin + Metronidazole (if complete ileus or critically ill)	125 mg QID 500 mg q8h	PO/NG IV	14 days

If vancomycin allergy/intolerance

Fidaxomicin	200 mg BID	PO	10 days
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