



Preparing for the Penicillin Skin Test

How long is the appointment?

- 1.5-2 hours

Is there any food/fluid restrictions?

- No

Can I take my oral medications?

- Some medications can reduce your skin's reactivity and should be held for a week prior to testing. See below for some examples:
 - Antihistamines for allergy/sleep aid
 - Diphenhydramine (Benadryl, Unisom, Zzzquil)
 - Cetirizine (Reactine)
 - Loratadine (Claritin)
 - Over-the-counter H2 blocker for heartburn
 - Ranitidine (Zantac)
 - Famotidine (Pepcid)
 - Prescription morning sickness medication
 - Doxylamine (Diclectin)

Can I use my topical medications?

- Topical steroids would reduce the skin's reactivity. Application to areas other than the forearms is fine and would not affect the skin test.
 - Betamethasone, clobetasone, hydrocortisone

Check with the clinic pharmacist if you have any questions or concerns at 604-417-8921